

# Theatre Virtual Learning Acting 3 & 4 Conditioning Forces





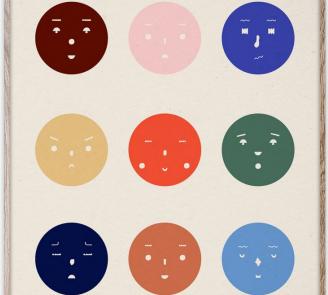
#### Lesson: May 20

#### Objective/Learning Target: The student will create a short entrance scene using conditioning forces and evaluate the effect.



#### **Conditioning Forces**

#### Let's Get Started / Warm Up Activities: Make a list of moods that could affect how you behave when you enter a room.





- Create a scene where you must enter the stage and perform some task.
- You will enter the "room" on stage twice.



• For each scene you will create a different set of circumstances that surround the scene, which will change how you go about completing the task.





Task: You are walking into the kitchen to fix dinner.

Entrance 1: You just got home from work. It was a horrible day where the boss yelled at you for making a minor mistake. You have a head cold and you have tons of paperwork to get done to fix that mistake.

Entrance 2: It is Friday night. You have a date coming over--one you have been excited about all week. You have to get dinner ready for the two of you and make everything perfect, quickly. You are very excited and happy.



Making the scene look realistic:

Do not verbalize the circumstances. Normal people do not narrate their actions. Use pantomime skills to establish environment and objects or use real objects in your house.

You can talk to yourself, but do not narrate your thoughts.

You can say things like, "I can't believe this" or sing a song that fits the mood.





When you perform your scene, you will make a video of the performance.

Then you will watch the video and evaluate your performance.





#### Plan your performance

- Select a room to enter (kitchen, bathroom, bedroom, living room...)
- Then, select a task to be accomplished when you enter the room (fix dinner, get ready for bed, get ready for work, clean the room...)
- Next, come up with 2 separate sets of circumstances that surround the entrance
- Do the performance





## Evaluating the scene

Watch your scene and answer these questions



- 1. Do you think you spent enough time rehearsing the scene?
- 2. Would you like to change some part of what you planned?
- 3. Could you understand everything you said? (mumbling is not a good performance)
- 4. Do you use talking wisely and not "narrating" your feelings or actions?
- 5. Does your facial expression fit your intended emotion?
- 6. Does your body language fit your intended emotion?
- 7. How realistic does the scene look?
- 8. Does your character's inner thoughts translate into what you performed?